



Discover resources designed for managing health

Colorado Doctors Plan® is designed to help you build a strong relationship with your primary care physician (PCP) and achieve your best health through seamless, coordinated support.

Two partners, one goal

As part of your health plan, UnitedHealthcare is working with Centura and HealthONE to offer even more resources for care, including the option to work with a care coordinator.



Centura Health connects individuals, families and neighborhoods to hospitals, senior living communities, health neighborhoods, and home care and hospice services. They offer Colorado Health Neighborhoods (CHN) care coordination with RN care coordinators and care navigators who take an integrated approach to care management.



HealthONE offers full-service hospitals and a diverse selection of employed physicians in clinics near you, as well as convenient urgent care locations. They also offer HealthONE Care Navigators, a team of registered nurses, to assist you through navigating your care.



Looking for a PCP?

By working closely with your PCP, they get to know your health needs and help you get the right care. Visit myuhc.com® to search for a network PCP in your area.

The right care at the right time

Working with a care coordinator helps ensure that you get the care you need when you need it, and that you find the answers to your health-related questions. Both Centura and HealthONE offer care coordinator services at no additional cost to you. UnitedHealthcare is also available to answer any questions and offer additional support.

Connect with UnitedHealthcare for:

- Getting answers about bills or claims
- Finding a doctor
- Understanding your benefits

Connect with a UnitedHealthcare Advocate by calling the number on your health plan ID card.

Connect with Centura Health for:

- Creating a care plan and setting wellness goals
- Receiving education to help better understand conditions and managing care
- Assistance navigating the health care system

Contact a dedicated DCSD care coordinator

by calling **303-643-9688** Monday - Friday from 9am - 6pm

or by emailing direct to DCSDcarecoordination@centura.org.

Connect with HealthONE for:

- Finding the right physician
- Help with managing your health condition
- Assistance with scheduling appointments and follow-up calls

Call a HealthONE Care Navigator, available 24/7, at **303-584-2219**.



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